

**SWEET MEMORIES
DEMENTIA CHOIR**

**SWEET MEMORIES VIRTUAL CHOIR
SONG LIST**

- 1. YOU ARE MY SUNSHINE**
- 2. HEART AND SOUL**
- 3. MOLLY MALONE**
- 4. WILD ROVER**
- 5. IRELAND'S CALL**
- 6. MOON RIVER**
- 7. EDELWEISS**
- 8. OVER THE RAINBOW**
- 9. OH WHAT A BEAUTIFUL MORNING**
- 10. I'D LIKE TO TEACH THE WORLD TO SING**
- 11. TOP OF THE WORLD**
- 12. GRACE**
- 13. AND I LOVE YOU SO**
- 14. LOVE ME TENDER**
- 15. ALL I HAVE TO DO IS DREAM**
- 16. BLACK HILLS OF DAKOTA**
- 17. QUE SERA**
- 18. SECRET LOVE**
- 19. WHEN I'M 64**
- 20. OB-LA-DI OB-LA-DA**
- 21. WITH A LITTLE HELP FROM MY FRIENDS**
- 22. DA DOO RON RON**
- 23. GOODBYE VENICE**

WARM UPS – PHYSICAL

1. TWINKLE FINGERS – extend arms in front and wiggle fingers – retract arms – repeat x5
2. YAWN AND STRETCH –
3. 5,4,3,2,1 – Flick out right hand count 5,4,3,2,1- repeat with left hand – then both feet
4. SHOULDER ROLLS – Forward and Back counting backwards 5,4,3,2,1

WARM UPS – VOCAL

1. BREATHE AND SUSTAIN – Breath in and out slowly a few times, then hold breath for 4 counts and exhale on any note to AH sound.
2. NOTE SCALE – Ascending and descending 5 note scale to Ah - Eee - Oh - Ooh
3. BELLA SENORA – Arpeggio in various keys
4. BELLA MAMA YAY
5. SUPER-DUPER-DOUBLE-BUBBLEGUM
6. WELCOME SONG – Welcome each pair by name

ROW YOUR BOAT

Row row row your boat

Gently down the stream

Merrily merrily merrily merrily

Life is but a dream

BELLA MAMA

Bella Mama – Bella Mama Yay

Bella Mama – Bella Mama Yay

Bella Mama- Bella Mama – Bella Mama – Bella Mama

Bella Mama – Bella Mama Ya

YOU ARE MY SUNSHINE

You are my sunshine
My only sunshine
You make me happy
When skies are grey
You'll never know dear
How much I love you
Please don't take my sunshine away

The other night dear
As I lay dreaming
I dreamt I held you in my arms
When I awoke dear
I was mistaken
I hung my head and cried

You are my sunshine
My only sunshine
You make me happy
When skies are grey
You'll never know dear
How much I love you
Please don't take my sunshine away

HEART AND SOUL

Heart and soul, I fell in love with you
Heart and soul, the way a fool would do
Madly, because you held me tight
And stole a kiss in the night

Heart and soul, I begged to be adored
Lost control, and tumbled overboard
Gladly, that magic night we kissed
There in the moon-mist

Oh, but your lips were thrilling
Much too thrilling
Never before were mine so
Strangely willing

But now I see
What one embrace can do
Look at me
It's got me loving you
Madly
That little kiss you stole
Held all my Heart and Soul

Oh, but your lips were thrilling
Much too thrilling
Never before were mine so
Strangely willing

But now I see
What one embrace can do
Look at me
It's got me loving you
Madly
That little kiss you stole
Held all my Heart and Soul

MOLLY MALONE

In Dublin's fair city
Where the girls are so pretty
I first set my eyes on sweet Molly Malone
As she wheeled her wheelbarrow
Through the streets broad and narrow
Crying "cockles and mussels, alive, alive, oh"
Alive, alive, oh. Alive, alive, oh
Crying "cockles and mussels, alive, alive, oh"
She was a fishmonger
And sure, t'was no wonder
For so were her mother and father before
And they wheeled their barrow
Through the streets broad and narrow
Crying "cockles and mussels, alive, alive, oh"
Alive, alive, oh . Alive, alive, oh
Crying "cockles and mussels, alive, alive, oh"
She died of a fever
And sure, so one could save her
And that was the end of sweet Molly Malone
Now her ghost wheels her barrow
Through the streets broad and narrow
Crying "cockles and mussels, alive, alive, oh"
Alive, alive, oh. Alive, alive, oh
Crying "cockles and mussels, alive, alive, oh"

THE WILD ROVER

I've been a wild rover for many's the year
And I've spent all me money on whiskey and beer
But now I'm returning with gold in great store
And I never will play the wild rover no more

And it's no, nay, never
No, nay, never no more
Will I play the wild rover
No, never no more

I went into an alehouse I used to frequent
And I told the landlady me money was spent
I asked her for credit, she answered me "nay"
"Such a custom as yours I can have every day"

And it's no, nay, never
No, nay, never no more
Will I play the wild rover
No, never no more

I then took from me pocket ten sovereigns bright
And the landlady's eyes opened wide with delight
She says "I have whiskeys and wines of the best"
And the words that you tolt me were only in jest

And it's no, nay, never
No, nay, never no more
Will I play the wild rover
No, never no more

I'll go home to my parents, confess what I'd done
And I'll ask them to pardon their prodigal son
And when they've caressed me as oft times before
I never will play the wild rover no more

And it's no, nay, never
No, nay, never no more
Will I play the wild rover
No, never no more
(REPEAT LAST VERSE)

IRELAND'S CALL

Come the day and come the hour
Come the power and the glory
We have come to answer our country's call
From the four proud provinces of Ireland

Ireland, Ireland
Together standing tall
Shoulder to shoulder
We'll answer Ireland's call

From the mighty Glens of Antrim
From the rugged hills of Galway
From the walls of Limerick and Dublin Bay
From the four proud provinces of Ireland

Ireland, Ireland
Together standing tall
Shoulder to shoulder
We'll answer Ireland's call

MOON RIVER

Moon river wider than a mile
I'm crossing you in style someday
Old dream maker
You heartbreaker
Wherever you're going
I'm going your way

Two drifters off to see the world
There's such a crazy world to see
We're after the same rainbow's end
Waiting round the bend
My Huckleberry friend
Moon river and me

EDELWEISS

Edelweiss, Edelweiss
Every morning you greet me
Small and white clean and bright
You look happy to meet me

Blossom of snow, may you bloom and grow
Bloom and grow forever
Edelweiss, Edelweiss
Bless my homeland forever

Edelweiss, Edelweiss
Every morning you greet me
Small and white clean and bright
You look happy to meet me

Blossom of snow, may you bloom and grow
Bloom and grow forever
Edelweiss, Edelweiss
Bless my homeland forever

Blossom of snow, may you bloom and grow
Bloom and grow forever
Edelweiss, Edelweiss
Bless my homeland forever

OVER THE RAINBOW

Somewhere over the rainbow
Way up high
There's a land that I heard of
Once in a lullaby
Somewhere over the rainbow
Skies are blue
And the dreams that your dare to dream
Really do come true

Someday I'll wish upon a star
And wake up where the clouds are far behind me
Where troubles melt like lemon drop
Way above the chimney tops
That's where you'll find me

Somewhere over the rainbow blue birds fly
Birds fly over the rainbow
Why then oh why can't I?

If happy little bluebirds fly
Above the rainbow
Why oh why can't I?

OH WHAT A BEAUTIFUL MORNING

There's a bright golden haze on the meadow
There's a bright golden haze on the meadow
The corn is as high as an elephant's eye
And it looks like it's climbing clear up to the sky

Oh what a beautiful morning
Oh what a beautiful day
I've got a beautiful feeling
Ev'ry thing's going my way

All the sounds of the earth are like music
All the sounds of the earth are like music
The breeze is so busy it don't miss a tree
An old weeping willow is laughing at me

Oh what a beautiful morning
Oh what a beautiful day
I've got a beautiful feeling
Ev'ry thing's going my way
Oh what a beautiful day

I'D LIKE TO TEACH THE WORLD TO SING

I'd like to build the world a home
And furnish it with love
Grow apple trees and honey bees
And snow white turtle doves

I'd like to teach the world to sing
In perfect harmony
I'd like to hold it in my arms
And keep it company
I'd like to see the world for once
All standing hand in hand
And hear them echo through the hills
For peace throughout the land

I'd like to teach the world to sing in perfect harmony
I'd like to teach the world to sing in perfect harmony

I'd like to build the world a home
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Grow apple trees and honey bees
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I'd like to teach the world to sing in perfect harmony
I'd like to teach the world to sing in perfect harmony

TOP OF THE WORLD

Such a feelin's comin' over me
There is wonder in 'most every thing I see
Not a cloud in the sky, got the sun in my eyes
And I won't be surprised if it's a dream

Everything I want the world to be
Is now comin' true especially for me
And the reason is clear, it's because you are here
You're the nearest thing to heaven that I've seen

I'm on the top of the world lookin' down on creation
And the only explanation I can find
Is the love that I've found ever since you've been around
Your love's put me at the top of the world

Somethin' in the wind has learned my name
And it's tellin' me that things are not the same
In the leaves on the trees and the touch of the breeze
There's a pleasin' sense of happiness for me

There is only one wish on my mind
When this day is through I hope that I will find
That tomorrow will be just the same for you and me
All I need will be mine if you are here

I'm on the top of the world lookin' down on creation
And the only explanation I can find
Is the love that I've found ever since you've been around
Your love's put me at the top of the world

I'm on the top of the world lookin' down on creation
And the only explanation I can find
Is the love that I've found ever since you've been around
Your love's put me at the top of the world

GRACE

As we gather in the chapel here in old Kilmainham jail
I think about the last few weeks, oh will they say we
failed
From our school days they have told us we must yearn
for liberty
Yet all I want in this dark place is to have you here with
me.

Oh Grace, just hold me in your arms and let this moment
linger
They'll take me out at dawn and I will die
With all my love I place this wedding ring upon your
finger
There won't be time to share our love for we must say
goodbye.

Now I know it's hard for you my love to ever understand
The love I bear for these brave men, my love for this dear
land
But when Padraig called me to his side down in the
G.P.O.
I had to leave my own sick bed, to him I had to go.

Oh Grace, just hold me in your arms and let this moment
linger
They'll take me out at dawn and I will die
With all my love I place this wedding ring upon your
finger
There won't be time to share our love for we must say
goodbye.

Now as the dawn is breaking my heart is breaking too
On this May morn as I walk out, my thoughts will be of
you
And I'll write some words upon the wall so everyone will
know
I loved so much, that I could see his blood upon the rose

Oh Grace, just hold me in your arms and let this moment
linger
They'll take me out at dawn and I will die
With all my love I place this wedding ring upon your
finger
There won't be time to share our love for we must say
goodbye

There won't be time to share our love so we must say
goodbye

AND I LOVE YOU SO

And I love you so
The people ask me how
How I've lived 'till now
I tell them I don't know

I guess they understand
How lonely life has been
That, life began again
The day you took my hand

And yes, I know how lonely life can be
The shadows follow me and the night won't set me free
But I don't let the evening get me down
Now that you're around me

And you love me too
Your thoughts are just for me
You set my spirit free
I'm happy that you do

The book of life is brief
And once a page is read
All but love is dead
That is my belief

And yes, I know how lonely life can be
The shadows follow me and the night won't set me free
But I don't let the evening get me down
Now that you're around me

LOVE ME TENDER

Love me tender, love me sweet
Never let me go
You have made my life complete
And I love you so

Love me tender, love me true
All my dreams fulfill
For, my darling I love you
And I always will

Love me tender, love me dear
Tell me you are mine
I'll be yours through all the years
'Till the end of time

Love me tender, love me true
All my dreams fulfill
For, my darling I love you
And I always will

ALL I HAVE TO DO IS DREAM

Dream
dream, dream, dream
Dream,
dream, dream, dream

When I want you in my arms
When I want you and all your charms
Whenever I want you all I have to do is dream
Dream, dream, dream,

When I feel blue in the night
And I need you to hold me tight
Whenever I want you
All I have to do is dream

I can make you mine Taste your lips of wine
Anytime night or day
Only trouble is , Gee whiz
I'm dreamin' my life away

I need you so, that I could die
I love you so and that is why
Whenever I want you
All I have to do is dream

I can make you mine, Taste your lips of wine
Anytime night or day
Only trouble is, Gee whiz
I'm dreamin' my life away

I need you so, that I could die
I love you so and that is why
Whenever I want you
All I have to do is dream
Dream, dream, dream

Dream, dream, dream, dream
Dream, dream, dream, dream

BLACK HILLS OF DAKOTA

Take me back to the Black Hills
The Black Hills of Dakota
To the beautiful Indian country that I love
Lost my heart in the Black Hills
The Black Hills of Dakota
Where the pines are so high that they kiss the sky above

And when I get that lonesome feeling
And I'm miles away from home
I hear the voice of the mystic mountains
Calling me back home

So, Take me back to the Black Hills
The Black Hills of Dakota
To the beautiful Indian country that I love

And when I get that lonesome feeling
And I'm miles away from home
I hear the voice of the mystic mountains
Calling me back home

So, Take me back to the Black Hills
The Black Hills of Dakota
To the beautiful Indian country that I love

Take me back to the Black hills
To the beautiful Indian country that I love

QUE SERA SERA

When I was just a little girl
I asked my mother, what will I be?
Will I be pretty?
Will I be rich?
Here's what she said to me

Que sera, sera
Whatever will be, will be
The future's not ours to see
Que sera, sera, What will be will be

When I grew up and fell in love
I asked my sweetheart
What lies ahead?
Will we have rainbows, day after day?
Here's what my sweetheart said

Que sera, sera
Whatever will be, will be
The future's not ours to see
Que sera, sera, What will be will be

Now I have children of my own
They ask their mother, what will I be?
Will I be handsome, will I be rich?
I tell them tenderly

Que sera, sera
Whatever will be, will be
The future's not ours to see
Que sera, sera, What will be will be
Que sera seraaaaa

SECRET LOVE

Once I had a secret love
That lived within the heart of me
All too soon my secret love
Became impatient to be free

So I told a friendly star
The way that dreamers often do
Just how wonderful you are
And why I'm so in love with you

Now I shout it from the highest hills
Even told the golden daffodils
At last my heart's an open door
And my secret love's no secret anymore

Now I shout it from the highest hills
Even told the golden daffodils
At last my heart's an open door
And my secret love's no secret anymore

WHEN I'M 64

When I get older losing my hair
Many years from now
Will you still be sending me a Valentine
Birthday greetings, bottle of wine
If I'd been out til quarter to 3
Would you lock the door?
Will you still need me – will you still feed me?
When I'm 64?

Ev'ry Summer we can rent a cottage in the Isle of Wight
We can scrimp and save
But if you say the word
I could stay with you

I could be handy mending a fuse
When your lights are gone
You can knit a sweater by the fireside
Sunday mornings go for a ride
Doing the garden
Digging the weeds
Who could ask for more
Will you still need me – will you still feed me?
When I'm 64?

Ev'ry Summer we can rent a cottage in the Isle of Wight
We can scrimp and save
But if you say the word
I could stay with you

When I get older losing my hair
Many years from now
Will you still be sending me a Valentine
Birthday greetings, bottle of wine
If I'd been out til quarter to 3
Would you lock the door?
Will you still need me – will you still feed me?
When I'm 64?
Do do do do do do do do do
Do do do do do do do do do do!

OB-LA-DI OB-LA-DA

Desmond has his barrow in the market place...
Molly is the singer in a band...
Desmond says to Molly "Girl, I like your face"
And Molly says this as she takes him by the hand...

Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on...
Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on.

Desmond takes a trolley to the jewelry store...
Buys a twenty carat golden ring...
Takes it back to Molly waiting at the door...
And as he gives it to her she begins to sing...

Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on...
Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on.

In a couple of years they have built a home sweet home,
With a couple of kids running in the yard,
Of Desmond and Molly Jones... (Ha ha ha ha ha)

Happy ever after in the market place...
Desmond lets the children lend a hand...
Molly stays at home and does her pretty face...
And in the evening she's a singer with the band

Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on...
Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on.

In a couple of years they have built a home sweet home,
With a couple of kids running in the yard,
Of Desmond and Molly Jones

Happy ever after in the market place...
Molly lets the children lend a hand...
Desmond stays at home and does his pretty face...
And in the evening she still sings it with the band...

Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on...
Ob-la-di, ob-la-da, life goes on, brah!...
Lala how the life goes on.

And if you want some fun
Sing obladi ba da!

WITH A LITTLE HELP FROM MY FRIENDS

What would you think if I sang out of tune,
Would you stand up and walk out on me?
Lend me your ears and I'll sing you a song
And I'll try not to sing out of key

Ooh I get by with a little help from my friends
Mm I get high with a little help from my friends
Mm I'm gonna try with a little help from my friends

What do I do when my love is away?
Does it worry you to be alone?
How do I feel by the end of the day
Are you sad because you're on your own?

No I get by with a little help from my friends
Mm I get high with a little help from my friends
Mm I'm gonna try with a little help from my friends

Do you need anybody?
I need somebody to love
Could it be anybody?
I want somebody to love

Would you believe in a love at first sight?
Yes I'm certain that it happens all the time
What do you see when you turn out the light?
I can't tell you, but I know it's mine

Ooh I get by with a little help from my friends
Mm I get high with a little help from my friends
Mm I'm gonna try with a little help from my friends
With a little help from my frie -----ends

DA DOO RON RON

Doo ron ron ron, da doo ron ron,
Doo ron ron ron, da doo ron ron
Doo ron ron ron, da doo ron ron
Doo ron ron ron, da doo ron ron

I met him on a Monday and my heart stood still
Da Doo ron ron ron Da doo ron ron
Somebody told me that his name was Bill
Da Doo ron ron ron Da doo ron ron

Yeah, my heart stood still
Yeah, his name was Bill
And, when he walked me home
Da Doo ron ron ron Da doo ron ron

He knew what he was doin' when he caught my eye
Da Doo ron ron on Da doo ron ron
He looked so quiet but my oh my
Da Doo ron ron ron Da doo ron ron

Yeah, he caught my eye
Yeah, but my oh my
And, when he walked me home
Da Doo ron ron ron Da doo ron ron

He picked me up at seven and he looked so fine
Da Doo ron ron ron Da doo ron ron
Some day soon I'm gonna make him mine
Da Doo ron ron ron Da doo ron ron

Yeah, he looked so fine
Yeah, I'm gonna make him mine
And when he walked me home
Da Doo ron ron ron Da doo ron ron

GOODBYE VENICE GOODBYE

Goodbye my lovely friend
Your bridges sigh no more
I hope we'll meet again
I've lost you now for sure
Goodbye my lovely friend
I loved you from the start
I knew that it would end
But didn't have the heart
To see us part
Now I must go
Sooooooooooooo

Goodbye Venice goodbye
I must leave you to die
Goodbye Venice goodbye
Goodbye my love
Goodbye Venice goodbye
I must leave you to die
Goodbye Venice goodbye
Goodbye my love

Reflections from the sea
Cast shadows in your hair
You came and sat by me
Beside Saint Marco square
You said you were alone
Love shining in your eyes
But Venice though it's stone
Beneath it all it dies
Oh, yes it dies, just like our love
Soooooooooooooooooooo

Goodbye Venice goodbye
I must leave you to die
Goodbye Venice goodbye
Goodbye my love

Goodbye Venice goodbye
I must leave you to die
Goodbye Venice goodbye
Goodbye my love

Goodbye Venice goodbye
I must leave you to die
Goodbye Venice goodbye
Goodbye my love