

cupán tae memory café

People living with dementia and memory difficulties together with their family and friends are invited to attend our warm, welcoming Cupán Tae Memory Café.

The Cupán Tae Memory Café includes time for chatting with other attendees and a short talk by a guest speaker.

A warm atmosphere, information, support and community are at the heart of our café.



Where: Naomh Barróg GAA club,
Kilbarrack (directions at back)

Time: 2pm – 4pm

Day: 2nd Wednesday of each month
See calendar on next page.

Book your space using the contact details below:

Email: CupanTae@alzheimer.ie

Phone: 083- 014 5869

Come along and enjoy a chat, cake, a cup of tea or coffee and sharing of advice. (free of charge)
The Café will be run in accordance with the latest HSE COVID guidelines

Please do not attend if you or a loved one are experiencing any COVID 19 symptoms

 Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive


Beaumont Hospital
Ospidéal Beaumont


THE Alzheimer
SOCIETY OF IRELAND


understand together



Irish
Dementia
Cafe
Network

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Wednesday: 10th November 2021

Wednesday: 8th December 2021

Wednesday: 12th January 2022

Wednesday: 9th February 2022

Wednesday: 9th March 2022

Wednesday: 13th April 2022

Directions to Naomh Barróg GAA Club

ARRIVING BY CAR

From M50

- Head Northbound on M50
- Keep left to continue on M1, follow signs for City Centre
- Take the R104 exit toward Coolock/Santry/Beaumont
- At the roundabout, take the 1st exit onto Coolock Ln/R104
- Continue to follow R104
- Continue straight onto Tonlegee Rd/R104
- Continue to follow R104 for 3km
- Turn left onto Kilbarrack Parade

From City Centre

- Take R105 from Connolly Station
- Continue on R105 for 1km through Fairview

- Turn left onto Howth Road R105
- Continue on R105 for 4km
- Turn left onto Station Road R809 in Raheny
- Continue on R809 for 1.4km
- Turn right onto Tonlegee Road R104
- Continue on R104 for 1km
- Turn left onto Kilbarrack Parade

PUBLIC TRANSPORT

DART

3 minute walk from Howth Junction DART Station

Dublin Bus

Take the 27A from Eden Quay

Go Ahead Bus

Take the 17A from Blanchardstown Shopping Centre

Eircode: D05 DY65

