**The Limerick Dementia Social Club**

for Persons with Dementia and their Carers and all seeking support with Dementia.

**Limerick Dementia**

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**Social Club**

Join us the first Wednesday of every month for a chat, cuppa and fun activity.

**Our Lady of Lourdes Community Centre, Childers Rd. Rosbrien.**

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| **Wednesday 7th August**6:30pm to 8:30pm | **Community Garda Talk** **Brain Workout** *with Mags O Sullivan, Public Health Nurse* |
| **Wednesday 4th Sept**6:30pm to 8:30pm | **Poetry Workshop** *with Martin Dyar***Fun Activities: Bingo, Card games** *with Vicki Reale Social Worker and Teresa Tuohy, Nurse & Lecturer* |
| **Wednesday 2nd Oct**6:30pm to 8:30pm | **Amy Murphy, Dementia Advisor** **Fun reminiscence activity with Memory Boxes** |

Contact 085 196 3985 for any queries.

Email: limerickdementiasc@gmail.com